



St. Michael's Choir School

The Guiding Light

October 2010

Virtue of the Month - Gratitude

Give thanks to the Lord, for he is good, for his steadfast love endures forever. Psalms 136

2010 Chinese Canadian Youth Achievement Awards



The Chinese Cultural Centre Youth Chapter is dedicated to celebrating the outstanding talent and achievements of Chinese Canadian youth, and to encourage youth to strive to be role models in their communities through active participation. The awards are given to individuals in the following four categories: Performance Arts, Visual Arts, Athletic and Leadership & Community Services. For more information on eligibility, and due dates, please go to www.cccyc.com or email at infor@cccyc.com.

Student Volunteers Needed - Grade 9 - Grade 12

Providence Healthcare, a leading Toronto health care facility, is recruiting volunteers to provide customer service in our Gift Shop and Café. Our greatest need is on weekdays. We also need volunteers to assist residents and patients with meals; friendly visiting; help with entertainment and recreation programs in our hospital, long-term care home and Alzheimer Day Program. For an application, visit our website at www.providence.on.ca or call Volunteer Services at 416-285-3749.



Volunteers must be at least 14 years old with good communications skills. Volunteering is a wonderful opportunity for students, adults and seniors to help others while exploring career options, gaining work related experience and contributing to the community.



Located at 3276 St. Clair Avenue East in Toronto's east end, we are within walking distance of the Warden Subway station.

Grade 9 - Take Our Kids to Work Wed. Nov. 3 2010

On Wed. Nov 3, all grade 9 students in the Province of Ontario will participate in "Take Our Kids to Work" This will give all grade 9 students an opportunity to explore what their parents do, during the day. It is important that all parents ask their employer whether or not they can bring their child to work. If parents find it difficult, then their child can shadow a relative or friend of the family. It is important that all parents start making the necessary arrangement now. Permission forms will be distributed to all grade 9 students by the middle of October. The forms will ask students to indicate where they will be spending the day and under whose supervision. All students must participate in this government run event and they are not to be in school that day. For more information please contact Mrs. Zanette.



The Learning Disability Association of Toronto

The Learning Disabilities Association of Toronto District (LDATD) is a chapter of the Learning Disabilities Association of Ontario (LDAO) serving the amalgamated City of Toronto.



Take the opportunity to look at their website for upcoming workshops offered to parents and students : www.ldatd.on.ca



Parent Workshop

"Brains, Bodies and Behaviour: Making Sense of Your Teen"



Adolescence can be an exciting and challenging time for both parents and teens. This workshop will provide an overview of adolescent development from a bio-psycho-social perspective as well as information on some issues and resources related to adolescent mental health.

Present by: Patty Hayes, MSW, RSW, MDiv

Wednesday, October 20, 2010

6:00 p.m. – 7:30 p.m.

To reserve a spot or for more information, please contact Patty Hayes at 416-925-9250 x 233. All parent workshops are free of charge and held at Turning Point Youth Services, 95 Wellesley St. East (5 minutes East of Wellesley Station).

Scholarship 2010 - 2011

Here are some dates to keep in mind:



1. **TD Canada Trust Scholarships for Community Leadership**
Due Oct. 31 2010
<http://www.tdcanadatrust.comscholarship>
2. **www.scholarshipscanada.com or Studentawards.com**

Bullying Prevention

Parents are the best advocates for their children. Bullying takes place both on and off school grounds and parents need to understand how to identify bullying situations, and what courses of action are available to them. For instance, cyber-bullying is on the rise and parents require skills and support to deal with it appropriately. Parents bring an important perspective on student behaviour and play a critical role in developing a more complete picture of the issues. Wider support and understanding from parents and caregivers will help to ensure a safe environment for their son and others in the community.

Please remember that if your son is being bullied, please contact the administration and/or guidance immediately.

Saturday Science & Engineering Academy

The University of Toronto offers an advanced academic program for students in grades 7 to 12 who have a desire to explore science, engineering, math and technology in challenging and creative ways. For more information and registration go to www.outreach.engineering.utoronto.ca. Specific information is also available on the Guidance Bulletin Board.



Mentorship Program 2010 - 2011 University of Toronto

The Faculty of Arts and Science at the University of Toronto offers opportunities for senior high school students to work with professors on a research project for the 2010-2011 academic year. Ideal candidates will be in grade 11 or 12 and possess strong academic credentials. Applications are due on Oct. 22, 2010. For more information see Mr. Morra or email tammy.pecoskie@utoronto.ca

Kidproof Canada

Kidproof Canada provides a resource for proactive, preventative child safety education. Courses vary from "Cybersafe", "Stranger Smarts", "Never Bee Lost" and much more. For more information contact them at 1-866-467-2338 or go to www.kidproofcanada.com



Duke of Edinburgh Award

A Duke of Edinburgh programme is a real adventure from beginning to end. It doesn't matter who you are or where you're from. You just need to be aged between 14 and 24 and realise there's more to life than sitting on a sofa watching life pass you by.

You can do programmes at three levels, [Bronze](#), [Silver](#) or [Gold](#), which lead to a Duke of Edinburgh's Award. You achieve an Award by completing a personal programme of activities in four [sections](#) (five if you're going for Gold). You'll find yourself helping people or the community, getting fitter, developing skills, going on an expedition and taking part in a residential activity (Gold only). But here's the best bit - you get to choose what you do!

Your programme can be full of activities and projects that get you buzzing. And along the way you'll pick up experiences, friends and talents that will stay with you for the rest of your life.

For more information go to: www.dofe.org



2011 The Mathieu Da Costa Challenge: Unity in Diversity



The Mathieu Da Costa Challenge is an annual writing and art-work contest that asks students to learn more - and share what they learn - about the contributions that Canadians from diverse cultural backgrounds have made to our country. All entries must be in by December 10/10.

The categories for various age groups are: Original writing in English; Original writing in French and Original artwork.

For more information check out the website www.mathieudacosta.gc.ca or call 1-888-776-8584



Shad Valley Summer 2011

Shad Valley is the place for your son or daughter to further excel and expand on their accomplishments. It offers an ambitious curriculum of academics, collaborative projects, and physical/recreational activities. Students pursue existing interests and develop new ones - and learn how to assess information critically. For more information go to www.shad.ca or email info@shad.ca

The Guidance Newsletter is now available on the school website.

www.smcs.on.ca

Look under the "student" tab